

Our Mission

To improve the health and quality of life of the homebound individuals we serve so no one is left hungry or isolated. It is our hope that by providing our hot, nutritious meals, aging participants can remain out of nursing facilities and in their own homes.

"We appreciate this service. As a caregiver it was such a relief that my mother was getting well balanced meals. I was stressed with work & taking care of her. MOW really helped relieve the burden of what to prepare. She was able to eat better through your program. Your volunteers are awesome, friendly & compassionate. Thank YOU!"
-Sandy

Congregate Dining

- For non-homebound individuals, join us for a hot, nutritious meal at either Active Generations location. At our main location, we serve meals 11:00am-12:30pm. At our east location meals are served from 11:00am-1:00pm. Meals are available to-go as well.
- Suggested contribution for those over 60 is \$5.25. Cost for those under 60 is \$10.
- Ask us about our frozen meals, HyVee dining and opportunities to dine in our surrounding communities.



MEALS ON WHEELS SIOUX EMPIRE

Delivering hot, nutritious, delicious meals throughout the communities of Brandon, Harrisburg, Sioux Falls and Tea

Get In Touch



Call
(605) 333-3305



Email
slocke@activegen.org



Office Location
Active Generations
2300 W. 46th St.
Sioux Falls, SD 57105



TOGETHER, WE CAN DELIVER

Meals on Wheels is always seeking volunteer drivers! Volunteer drivers are needed Monday-Friday from 11am-12:30pm. We offer flexible schedules to fit your busy life!

About Us

- Meals on Wheels of the Sioux Empire was started in 1967 by members of the Lutheran Social Services auxiliary to help the growing elderly population in Sioux Falls.
- Meals are made hot and fresh daily at Active Generations.
- We currently prepare, pack and deliver over 600 meals each day.



Eligibility

- Participants must be:
 - 60 years of age or older.
 - Homebound due to medical, physical or social problems.
 - Unable to dine at Active Generations or HyVee on your own.
- Due to our routes being at maximum capacity, participants must have at least 3 meals per week and remain on a consistent schedule (we do not allow clients to pick/choose off the menu).
- We prefer clients to remain on the program for a minimum of 30 days. For short term participants, we do offer frozen meals for pick up.

Individuals under 60 must contact Dakota at Home (1-833-663-9673) to enroll

Menu Information

- Our meals supply 1/3 of the Required Daily allowance.
- Menus are hand delivered by our volunteer drivers. Menus are also posted online at activegenerations.org. Breakfast and weekend meals are available upon request.
- We offered texture modifications (cut up, ground) and substitutions for some meat items (no pork, no fish).

Client Responsibilities

- Meals are delivered Monday-Friday from 10:30am-12:30pm. We will not leave the meal if you are not home unless previously noted.
- To cancel a meal, we ask that you call prior to 8:30am for that day.
- In case of emergency, such as a hospitalization, please have someone notify us as soon as possible.
- We care deeply about your welfare, if there is no response at your home, our policy is to err on the side of caution. Depending on the situation, appropriate actions will be taken such as calling your emergency contact or emergency services.

Inclement Weather

- If the SF school are closed, we will also be closed & will not deliver. If the schools are open or have a late start, but weather presents unsafe conditions, meals may not be delivered. Tune into local news & radio stations for closures.

Funding

- Funding for the Meals on Wheels program is supported in part by the Older Americans Act through the State of South Dakota. Along with the Sioux Empire United Way, participant and private donations and our fundraising efforts.
- Donation invoices will be mailed the first week of the month, for the previous month's meal delivery amount.
- Contributions can be returned by mail or with delivery driver. We also accept payments using a debit/credit over the phone, scanning the QR code, online, and EBT/Food Stamp cards are also accepted.
- The suggested contribution range for those over 60 is \$5.25-\$10 per meal.

Scan the QR Code below to donate today!



Workers on Wheels (WOW) provides rides to medical appointments and the grocery store for \$5 per one way trip.

To enroll in the WOW program or schedule a ride, please call (605) 333-3317.

