

All gravy and all bread contains gluten.

Each meal has 4-5 CS.

Add 2 carbs for bread and milk.

**ACTIVE GENERATIONS
MONTHLY MENU
MARCH 2026**

Active Generation
2300 W. 46th St.
Sioux Falls, SD 57105

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HAMBURGER ON A BUN TRI-TATERS BAKED BEANS FRUIT JUICE	3 HAM & SCALLOPED POTATOES CASSEROLE CORN FRUIT JUICE	4 BEEF STEW CALIFORNIA BLEND VEGGIES BISCUIT FRUIT JUICE	5 CHICKEN THIGHS HERBED POTATOES GREEN BEANS FRUIT JUICE	6 TUNA NOODLE CASSEROLE PEAS FRUIT
9 PORK FRITTER MASHED POTATOES & COUNTRY GRAVY CARROTS FRUIT JUICE	10 GOULASH ITALIAN VEGETABLES GARLIC TOAST FRUIT	11 BREADED CHICKEN SANDWICH TATER TOTS PEAS FRUIT JUICE	12 HAMBURGER GRAVY MASHED POTATOES GREEN BEANS FRUIT JUICE	13 FISH STICKS TRI-TATERS PEAS & CARROTS FRUIT
16 MEATLOAF BAKED POTATO WITH SOUR CREAM GREEN BEANS FRUIT JUICE	17 SHEPHERD'S PIE STEWED TOMATOES FRUIT JUICE	18 CHICKEN BREAST AU GRATIN POTATOES ITALIAN VEGETABLES FRUIT JUICE	19 PULLED PORK SANDWICH BAKED POTATO CORN FRUIT JUICE	20 ROAST BEEF MASHED POTATOES & GRAVY CORN FRUIT
23 PEPPER STEAK AMERICAN FRIES CARROTS FRUIT JUICE	24 TATER TOT CASSEROLE BROCCOLI FRUIT JUICE	25 BEEF STROGANOFF OVER EGG NOODLES CORN FRUIT JUICE	26 PARMESAN CHICKEN BREAST OVER PASTA CALIFORNIA BLEND VEGGIES FRUIT JUICE	27 SAUSAGE GRAVY OVER BISCUIT SAUSAGE LINKS BEETS FRUIT
30 CHICKEN FRIED STEAK MASHED POTATOES & COUNTRY GRAVY PEAS FRUIT JUICE	31 CHICKEN & DRESSING CASSEROLE SLICED CARROTS FRUIT JUICE			

All menus are subject to change.