

All gravy and all bread contains gluten.

Each meal has 4-5 CS.

Add 2 carbs for bread and milk.

ACTIVE GENERATIONS
MONTHLY MENU
DECEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 TATER TOT CASSEROLE BROCCOLI FRUIT JUICE	2 SLICED HAM SWEET POTATOES BEETS FRUIT JUICE	3 SWISS STEAK RICE WINTER BLEND VEGETABLES FRUIT JUICE	4 GRILLED CHICKEN SANDWICH RANCH POTATOES PEAS FRUIT JUICE	5 CHILI CRACKERS CORN BREAD FRUIT
8 HAMBURGER ON A BUN TATER TOTS CARROTS FRUIT JUICE	9 HAM & SCALLOPED POTATOES BROCCOLI FRUIT JUICE	10 CHRISTMAS DINNER TURKEY MASHED POTATOES & GRAVY STUFFING CORN APPLE CRISP	11 PANCAKES SAUSAGE PATTY HOT APPLES V - 8 JUICE	12 CRANBERRY MEATBALLS RICE GREEN BEANS FRUIT
15 CHICKEN CORDON BLEU MASHED POTATOES & COUNTRY GRAVY CARROTS FRUIT JUICE	16 GOULASH ITALIAN BLEND VEGETABLES GARLIC TOAST FRUIT JUICE	17 SAUSAGE GRAVY OVER BISCUIT SAUSAGE PATTY BEETS FRUIT JUICE	18 BEEF STROGANOFF OVER NOODLES CALIFORNIA BLEND VEGGIES FRUIT JUICE	19 BBQ RIBS SCALLOPED POTATOES PEAS FRUIT
22 SLOPPY JOE ON A BUN TRI-TATERS WINTER MIX VEGETABLES FRUIT JUICE	23 PIZZA VEGETABLES FRUIT JUICE	24 CLOSED	25 CLOSED	26 TUNA NOODLE HOTDISH PEAS & CARROTS FRUIT
29 PEPPER STEAK GARLIC MASHED POTATOES CARROTS FRUIT JUICE	30 PORK ROAST BABY RED POTATOES BROCCOLI FRUIT JUICE	31 HAMBURGER GRAVY OVER MASHED POTATOES GREEN BEANS FRUIT JUICE		

All menus are subject to change without notice.