

All gravy and all bread contains gluten.

Each meal has 4-5 CS.

Add 2 carbs for bread and milk.

ACTIVE GENERATIONS
MONTHLY MENU
NOVEMBER 2025

Active Generation
2300 W. 46th St.
Sioux Falls, SD 57105

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CHICKEN CORDON BLEU MASHED POTATOES & COUNTRY GRAVY CARROTS FRUIT	4 GOULASH ITALIAN BLEND VEGETABLES GARLIC TOAST FRUIT JUICE	5 BEAN & HAM SOUP BEETS BISCUIT FRUIT	6 BEEF STROGANOFF OVER NOODLES CALIFORNIA BLEND VEGGIES FRUIT JUICE	7 PIZZA VEGETABLES FRUIT
10 EGG BAKE MUFFIN HOT APPLES TOMATO JUICE	11 MEATLOAF BAKED POTATO GREEN BEANS FRUIT JUICE	12 CHICKEN ALFREDO ITALIAN VEGETABLES BREAD STICK FRUIT	13 SLOPPY JOE TRI-TATERS WINTER MIX VEGETABLES FRUIT JUICE	14 TUNA NOODLE HOTDISH PEAS & CARROTS FRUIT
17 PEPPER STEAK GARLIC MASHED POTATOES CARROTS FRUIT	18 PORK ROAST BABY RED POTATOES BROCCOLI FRUIT	19 HAMBURGER GRAVY OVER MASHED POTATOES GREEN BEANS FRUIT	20 CHICKEN PARMESAN OVER NOODLES STEWED TOMATOES FRUIT JUICE	21 ROAST BEEF MASHED POTATOES & GRAVY CORN FRUIT
24 SPAGHETTI & MEAT SAUCE ITALIAN VEGETABLES BREAD STICK FRUIT JUICE	25 CHICKEN & DRESSING CASSEROLE PEAS FRUIT JUICE	26 BEEF STEW BISCUIT CALIFORNIA BLEND VEGGIES BAKED APPLES	27 CLOSED HAPPY THANKSGIVING!	28 CLOSED

All menus are subject to change.