

All gravy and all bread contains gluten.

Each meal has 4-5 CS.

Add 2 carbs for bread and milk.

ACTIVE GENERATIONS

MONTHLY MENU

SEPTEMBER 2025

Active Generation

2300 W. 46th St.

Sioux Falls, SD 57105

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED (LABOR DAY)	2 SPAGHETTI & MEAT SAUCE ITALIAN VEGETABLES BREAD STICK FRUIT JUICE	3 PORK CHOP WITH APPLES AMERICAN FRIES CORN FRUIT	4 CHICKEN & DRESSING CASSEROLE PEAS FRUIT JUICE	5 CRANBERRY MEATBALLS RICE GREEN BEANS FRUIT
8 TATER TOT CASSEROLE BROCCOLI APPLESAUCE	9 SLICED HAM SWEET POTATO BEETS FRUIT JUICE	10 SWISS STEAK RICE WINTER BLEND VEGETABLES FRUIT	11 GRILLED CHICKEN SANDWICH RANCH POTATOES PEAS FRUIT JUICE	12 CHILI CRACKERS SWEET ROLL FRUIT
15 HAMBURGER ON A BUN TATER TOTS PICKLED BEETS FRUIT	16 HAM & SCALLOPED POTATOES CASSEROLE CORN FRUIT JUICE	17 CHICKEN THIGHS HERBED POTATOES STEWED TOMATOES FRUIT	18 PULLED PORK SANDWICH STEAK FRIES CALIFORNIA BLEND VEGGIES FRUIT JUICE	19 ROAST BEEF MASHED POTATOES & GRAVY CORN FRUIT
22 CHICKEN CORDON BLEU MASHED POTATOES & COUNTRY GRAVY CARROTS FRUIT	23 GOULASH ITALIAN BLEND VEGETABLES GARLIC TOAST FRUIT JUICE	24 BEAN & HAM SOUP BEETS BISCUIT FRUIT	25 BEEF STROGANOFF OVER NOODLES CALIFORNIA BLEND VEGGIES FRUIT JUICE	26 PIZZA VEGETABLES FRUIT
29 EGG BAKE MUFFIN HOT APPLES TOMATO JUICE	30 MEATLOAF BAKED POTATO GREEN BEANS FRUIT JUICE			

All menus are subject to change.