

All gravy and all bread contains gluten.
 Each meal has 4-5 CS.
 Add 2 carbs for bread and milk.

ACTIVE GENERATIONS

MONTHLY MENU

JULY 2025

Active Generation
 2300 W. 46th St.
 Sioux Falls, SD 57105

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CRANBERRY MEATBALLS BAKED POTATO CAPRI BLEND VEGETABLES FRUIT	2 PEPPER STEAK AMERICAN FRIES CORN JUICE	3 EGG SALAD SANDWICH GREEN PEA SALAD TOMATO JUICE FRUIT	4 CLOSED
7 CHICKEN BREAST WILD RICE PEAS FRUIT JUICE	8 MEATLOAF MASHED SWEET POTATOES WINTER MIX VEGETABLES APPLESAUCE	9 HAM & SCALLOPED POTATOES CASSEROLE CARROTS FRUIT	10 SLOPPY JOE ON A BUN TRI-TATERS GREEN BEANS FRUIT JUICE	11 SAUSAGE GRAVY OVER BISCUIT VEGETABLES FRUIT
14 CHICKEN FRIED STEAK MASHED POTATOES & COUNTRY GRAVY CORN FRUIT JUICE	15 FRENCH TOAST SAUSAGE LINK HOT APPLES TOMATO JUICE	16 HAWAIIAN MEATBALLS WHITE RICE CARROTS FRUIT JUICE	17 BAKED CHICKEN THIGHS BAKED POTATO & BUTTER BROCCOLI FRUIT	18 ROAST BEEF MASHED POTATOES & GRAVY CORN FRUIT JUICE
21 SWISS STEAK BAKED POTATO STEWED TOMATOES FRUIT JUICE	22 GOULASH GREEN BEANS GARLIC TOAST FRUIT JUICE	23 COD AUGRATIN POTATOES PEAS FRUIT JUICE	24 HAMBURGER GRAVY OVER MASHED POTATOES CARROTS & BROCCOLI FRUIT	25 CHICKEN SALAD SANDWICH POTATO SALAD 3-BEAN SALAD FRUIT
28 HAMBURGER RICE CASSEROLE GREEN BEANS FRUIT JUICE	29 EGG BAKE MUFFIN TOMATO JUICE FRUIT	30 PULLED PORK ON A BUN MACARONI SALAD WINTER MIX VEGETABLES FRUIT JUICE	31 TACO SALAD SPANISH RICE FRUIT	

All menus are subject to change.