

All gravy and all bread contains gluten.
 Each meal has 4-5 CS.
 Add 2 carbs for bread and milk.

ACTIVE GENERATIONS

MONTHLY MENU

JUNE 2025

Active Generation
 2300 W. 46th St.
 Sioux Falls, SD 57105

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN FRIED STEAK MASHED POTATOES & COUNTRY GRAVY CORN FRUIT JUICE	3 FRENCH TOAST SAUSAGE LINK GREEN BEANS HOT APPLES TOMATO JUICE	4 MEATBALLS IN GRAVY WHITE RICE CARROTS FRUIT JUICE	5 BAKED CHICKEN THIGHS BAKED POTATO WITH BUTTER BROCCOLI FRUIT	6 COD AU GRATIN POTATOES PEAS FRUIT JUICE
9 SWISS STEAK BAKED POTATO STEWED TOMATOES FRUIT JUICE	10 LASAGNA CASSEROLE GREEN BEANS GARLIC TOAST FRUIT	11 CHICKEN SALAD ON BUN 3 - BEANS SALAD POTATO SALAD FRUIT JUICE	12 HAMBURGER GRAVY OVER MASHED POTATOES VEGETABLES FRUIT	13 CHICKEN A LA KING OVER BISCUIT VEGETABLES FRUIT JUICE
16 HAMBURGER RICE CASSEROLE GREEN BEANS FRUIT JUICE	17 SCRAMBLED EGGS SAUSAGE LINK HASHBROWN PATTY PEAS & CARROTS FRUIT	18 PULLED PORK SANDWICH STEAK FRIES WINTER MIX FRUIT JUICE	19 CHICKEN CHOW MEIN RICE CARROTS FRUIT	20 BBQ RIBS AU GRATIN POTATOES VEGETABLES FRUIT JUICE
23 TATER TOT CASSEROLE CALIFORNIA BLEND VEGGIES FRUIT JUICE	24 HAMBURGER STROGANOFF OVER NOODLES ITALIAN VEGETABLES FRUIT	25 PARMESAN CHICKEN BREAST SPANISH RICE STEWED TOMATOES FRUIT JUICE	26 PORK FRITTER MASHED POTATOES & COUNTRY GRAVY PEAS FRUIT	27 HAMBURGER ON A BUN BAKED POTATO BAKED BEANS FRUIT JUICE
30 SPAGHETTI & MEATSAUCE ITALIAN VEGETABLES BREAD STICK FRUIT				

All menus are subject to change.