November 2026

Monthly Menu

All gravy and all bread contain gluten.
Each meal has 4-5 CHO.
Add 2 CHO for bread and milk.

Active Generations

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Chow Mein Over Rice Fruit Juice	3 Meatloaf Mashed Potatoes & Gravy Green Beans Fruit	4 Salisbury Steak Mashed Potatoes California Vegetables Fruit Juice	5 Roast Pork Roasted Potatoes Carrots Fruit	6 Creamed Chicken with Vegetables Biscuit Fruit Juice
9 Tater Tot Casserole Green Beans Juice	10 Chicken Parmesan Whole Grain Spaghetti & Marinara Sauce Italian Vegetables Fruit	11 Swiss Steak Mashed Potatoes Carrots Fruit Juice	12 Roast Pork with Mushroom Gravy Rice Pilaf Broccoli Fruit Juice	13 Beef Tips in Gravy Egg Noodles Mixed Vegetables Fruit Juice
16 Beef Enchilada Casserole Corn Fruit	17 Homestyle Chicken & Noodles Broccoli Fruit	18 Swedish Meatballs & Cream Gravy Egg Noodles Peas & Carrots Fruit Juice	19 Grilled Chicken Sandwich Cheesy Potatoes Mixed Vegetables Fruit	20 Roast Beef Mashed Potatoes & Gravy Corn Fruit Juice
23 Cheeseburger Casserole Cook's Choice Vegetables Fruit Juice	24 Chicken Pot Pie over Biscuit Fruit	25 Hamburger on a Bun Potato Wedges Green Beans Fruit Cup	26 **CLOSED** **HAPPY** **THANKSGIVING!**	27 **CLOSED**
30 Hamburger & Potato Casserole Mixed Vegetables Fruit Juice				

Lunch is served weekdays at 11 a.m. to 12:30 p.m. at Main and 11 a.m. to 1 p.m. at East.

All menu items subject to change.