

August 2026



Monthly Menu

All gravy and all bread contains gluten.
Each meal has 4-5 CHO.
Add 2 CHO for bread and milk.



Monday

3 Chicken Kiev
Mashed Potatoes & Gravy
California Blend Veggies
Fruit Juice

10 Philly Steak & Cheese
Casserole
Carrots
Fruit Juice

17 Grilled Chicken Breast
Tri-Tator
Stewed Tomatoes
Fruit Juice

24 Chicken & Broccoli Bake
Beets
Fruit Juice

31 Stuffed Bell Pepper
Casserole
Roasted Potatoes
Broccoli Fruit Juice

Tuesday

4 French Toast
Sausage Link
Green Beans
Fruit Cup

11 Chicken Pot Pie
over Biscuit
Winter Mix Vegetables
Fruit Cup

18 Baked Ziti
Winter Blend Vegetables
Garlic Bread
Fruit Cup

25 Taco Bake
Spanish Rice
Mexican Corn
Fruit Cup

Wednesday

5 Swedish Meatballs
Mashed Potatoes
Carrots
Fruit Juice

12 Ham & Cheese Sandwich
Potato Salad
Coleslaw
Fruit juice

19 Pepper Steak
American Fries
Green Beans
Fruit Juice

26 Pulled Pork Sandwich
Cheesy Hashbrowns
Baked Beans
Fruit Juice

Thursday

6 Chicken Salad on a Bun
Pasta Salad
3 Bean Salad
Fruit Juice

13 Meatloaf
Mashed Potatoes & Gravy
Carrots
Fruit Juice

20 Tuna Salad on a Bun
Macaroni Salad
Pea Salad
Fruit Juice

27 Chicken Strips
Scalloped Potatoes
Carrots
Fruit Juice

Friday

7 Spaghetti
with Meatsauce
Italian Vegetables
Garlic Bread Fruit Cup

14 Hamburger on a Bun
Calico Beans
Fruit Cup

21 BBQ Ribs
Au Gratin Potatoes
Carrots
Fruit Cup

28 Egg Salad on a Bun
Potato Salad
Pea Salad
Fruit Cup

Lunch is served weekdays at 11 a.m. to 12:30 p.m. at Main and 11 a.m. to 1 p.m. at East.

All menu items subject to change.