

All gravy and all bread contains gluten.

Each meal has 4-5 CS.

Add 2 carbs for bread and milk.

ACTIVE GENERATIONS
MONTHLY MENU
SEPTEMBER 2024

Active Generation
2300 W. 46th St.
Sioux Falls, SD 57105

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CLOSED	3 CHICKEN & DRESSING CASSEROLE WITH GRAVY SLICED CARROTS FRUIT	4 SPAGHETTI & MEAT SAUCE ITALIAN VEGETABLES BREAD STICK FRUIT	5 MEATBALLS & GRAVY GARLIC MASHED POTATOES GREEN BEANS FRUIT	6 PORK CHOP AU GRATIN POTATOES CORN FRUIT
9 TATER TOT CASSEROLE BROCCOLI FRUIT	10 SWISS STEAK BAKED POTATO SCANDINAVIAN VEGETABLES FRUIT	11 CHICKEN SANDWICH CHEESY POTATOES PEAS FRUIT	12 HAM & SCALLOPED POTATOES CASSEROLE CORN FRUIT	13 HAMBURGER STEAK BAKED SWEET POTATO STEWED TOMATOES FRUIT
16 PORK FRITTER MASHED POTATOES & COUNTRY GRAVY CARROTS FRUIT	17 CHICKEN THIGHS HERBED POTATOES GREEN BEANS FRUIT	18 SLOPPY JOE OVEN ROASTED POTATOES BROCCOLI FRUIT	19 SCRAMBLED EGGS SAUSAGE PATTIES TOMATO JUICE BLUEBERRY MUFFIN HOT APPLES	20 ROAST BEEF MASHED POTATOES & GRAVY CORN FRUIT
23 HAMBURGER ON A BUN HASH BROWNS BAKED BEANS FRUIT	24 CHICKEN STRIPS BAKED POTATO STEWED TOMATOES FRUIT	25 BEEF STROGANOFF OVER MASHED POTATOES CARROTS FRUIT	26 BBQ PORK SANDWICH TATER TOTS GREEN BEANS FRUIT	27 TUNA NOODLE CASSEROLE PEAS DINNER ROLL FRUIT
30 CHICKEN FRIED STEAK MASHED POTATOES & COUNTRY GRAVY BROCCOLI NORMANDY FRUIT				

All menus are subject to change.