


All gravy and all bread contains gluten.

Each meal has 4-5 CS.

Add 2 carbs for bread and milk.

**ACTIVE GENERATIONS
MONTHLY MENU
JULY 2024**

Active Generation
2300 W. 46th St.
Sioux Falls, SD 57105

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN FRIED STEAK MASHED POTATOES & COUNTRY GRAVY PEAS FRUIT JUICE	2 MEATBALLS IN GRAVY AMERICAN FRIES CORN JELL-O WITH FRUIT	3 BAKED CHICKEN THIGHS BAKED POTATO WITH SOUR CREAM CARROTS FRUIT	4 CLOSED	5 PORK CHOP WITH HERBS & ONIONS AMERICAN FRIES GREEN BEANS FRUIT
8 SWISS STEAK BAKED POTATO STEWED TOMATOES FRUIT	9 LASAGNA CASSEROLE GREEN BEANS GARLIC TOAST FRUIT	10 CHICKEN SALAD ON A BUN 3 - BEAN SALAD POTATO SALAD GRAPES	11 HAMBURGER GRAVY OVER MASHED POTATOES BROCCOLI & CARROTS FRUIT	12 PULLED PORK ON A BUN STEAK FRIES GREEN BEANS FRUIT
15 CRISPY CHICKEN SANDWICH PARMESAN FRIES ASIAN VEGETABLES FRUIT	16 HAMBURGER STROGANOFF OVER NOODLES CALIFORNIA STYLE VEGGIES FRUIT	17 CHICKEN CHOW MEIN RICE PEAS FRUIT	18 HAMBURGER RICE CASSEROLE GREEN BEANS FRUIT	19 ROAST BEEF MASHED POTATOES & GRAVY CORN FRUIT
22 TATER TOT CASSEROLE BROCCOLI FRUIT	23 GRILLED CHICKEN BREAST CREAMED POTATOES CARROTS FRUIT	24 HAMBURGER ON A BUN STEAK FRIES CALIFORNIA STYLE VEGGIES FRUIT	25 PORK LOIN MASHED POTATOES & GRAVY CORN FRUIT	26 CHICKEN STRIPS AMERICAN FRIES GREEN BEANS FRUIT
29 PORK FRITTER MASHED POTATOES & COUNTRY GRAVY PEAS FRUIT	30 PARMESAN CHICKEN BREAST SPANISH RICE STEWED TOMATOES FRUIT	31 SPAGHETTI & MEAT SAUCE ITALIAN VEGETABLES BREAD STICK FRUIT	 <p>WOW Active Generations Workers on Wheels (605) 333-3317 • Rides to medical appointments • Rides to the grocery store (Unable to transport wheelchairs)</p>	

All menus are subject to change.