

All gravy and all bread contains gluten.

Each meal has 4-5 CS.

Add 2 carbs for bread and milk.

ACTIVE GENERATIONS

MONTHLY MENU

APRIL 2024

Active Generation

2300 W. 46th St.

Sioux Falls, SD 57105

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN & WILD RICE CASSEROLE PEAS FRUIT JUICE	2 MEATLOAF BAKED SWEET POTATO WINTER MIX VEGETABLES APPLESAUCE	3 HAM & SCALLOPED POTATOES CASSEROLE CARROTS FRUIT	4 SLOPPY JOE ON A BUN TRI-TATERS GREEN BEANS FRUIT JUICE	5 CHICKEN A LA KING OVER BISCUIT WINTER MIX VEGETABLES FRUIT
8 CHICKEN FRIED STEAK MASHED POTATOES & COUNTRY GRAVY CORN FRUIT JUICE	9 FRENCH TOAST SAUSAGE LINK GREEN BEANS HOT APPLES	10 MEATBALLS IN GRAVY WHITE RICE CARROTS FRUIT JUICE	11 BAKED CHICKEN THIGHS BAKED POTATO BROCCOLI FRUIT	12 COD FILLET AMERICAN FRIES PEAS FRUIT JUICE
15 SWISS STEAK BAKED POTATO STEWED TOMATOES FRUIT	16 LASAGNA CASSEROLE GREEN BEANS GARLIC TOAST FRUIT JUICE	17 CHICKEN SALAD ON A BUN POTATO SALAD 3-BEAN SALAD FRUIT	18 HAMBURGER GRAVY OVER MASHED POTATOES CARROTS FRUIT JUICE	19 BBQ RIBS AU GRATIN POTATOES PEAS FRUIT
22 CRISPY CHICKEN BREAST CREAMED POTATOES ORIENTAL STYLE VEGETABLES FRUIT JUICE	23 HAMBURGER RICE CASSEROLE GREEN BEANS FRUIT	24 PULLED PORK SANDWICH STEAK FRIES WINTER MIX VEGETABLES FRUIT JUICE	25 CHICKEN CHOW MEIN RICE PEAS FRUIT	26 PORK CHOP WITH HERBS & ONIONS BAKED SWEET POTATO BROCCOLI FRUIT JUICE
29 TATER TOT CASSEROLE CALIFORNIA BLEND VEGGIES FRUIT	30 HAMBURGER STROGANOFF OVER PASTA ITALIAN VEGETABLES FRUIT JUICE			

All menus are subject to change.