

Food Safety Tips for Home Delivered Meals

1) Proper handling is important to ensure the food is safe to eat.

2) Hot or cold ready-prepared meals are perishable and can make you sick when not safely stored.

3) When the meal arrives, it should be eaten or refrigerated right away.

4) Eat refrigerated leftovers within 4 days.

5) If you don't think you will eat the leftovers within 4 days, date and freeze the meal right away.



Remember...

Throw away food that has been left out for 2 hours or longer!

CLEAN



SEPARATE



COOK



CHILL

